

REFERENCES: 1 KINGS 17:1-16; PROPHETS AND KINGS, PP. 119-131.

# Food for Elijah

## *Memory Verse:*

“My God will meet all your needs” PHILIPPIANS 4:19, NIV.

## *The Message:*

God takes care of our needs.

## *Parents:*

By the end of the month you can help your child:

**Know** that God takes care of their needs.

**Feel** grateful that God looks after them.

**Respond** by praising God for His care.



*Mei Ling sees the baby bird. Mother bird brings food for the baby bird. A long time ago birds brought food to a man.*

God told Elijah to take a message to King Ahab. So Elijah told the king: "God says, 'No rain for one-two-three-years!'"

*(Count on your child's*

*fingers.)* King

Ahab *(point to the king)* is angry at

God. He is angry

at Elijah, too. *(Point to*

*Elijah.)* Elijah is God's

friend. God will hide

Elijah. Run, Elijah,

run! The king is look-

ing for you. *(Shade*

*your eyes; look around.)*

Run and hide Elijah.

*(Run with child around*

*the table.)*



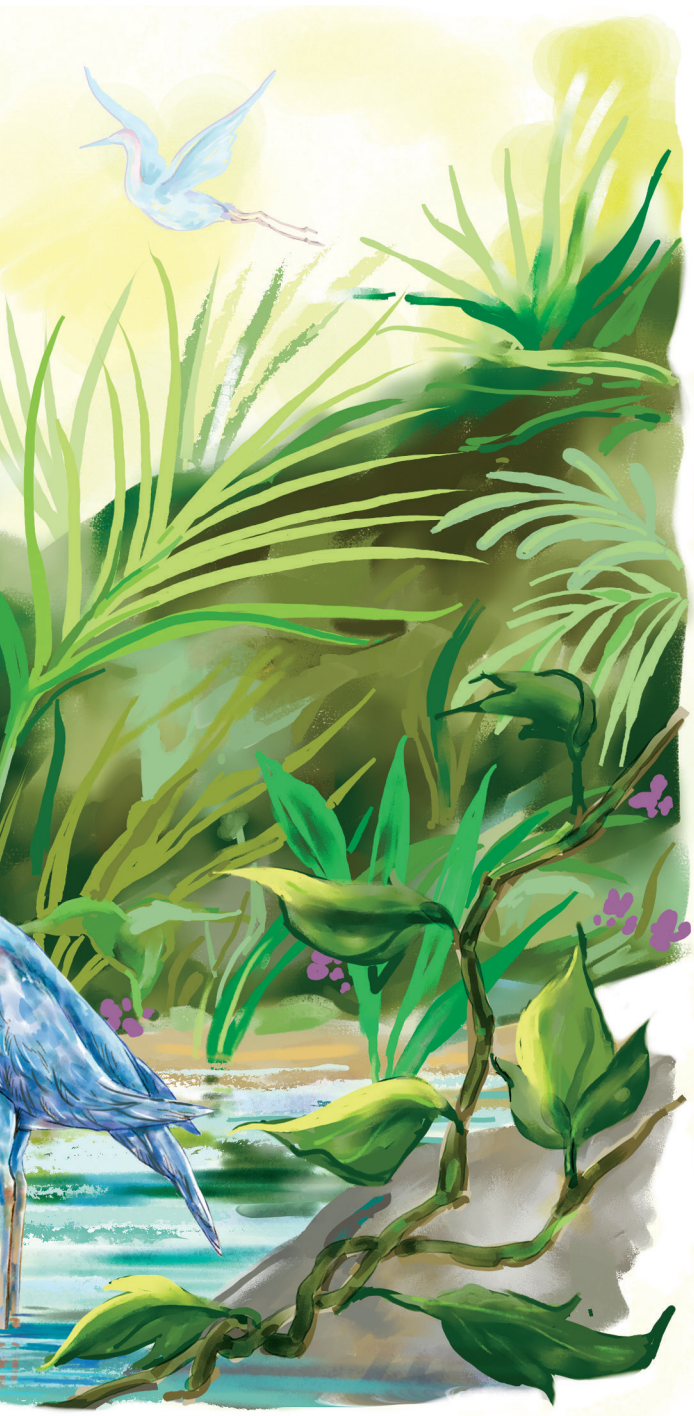












Where is  
Elijah? (*Child  
points to Elijah.*) Hiding,  
hiding. Elijah is hiding  
from mean King Ahab.  
(*Together, hide behind  
a chair and finish  
reading this page.*)

The king cannot  
see Elijah. Nobody  
can see God's friend.  
(*Shade eyes, look  
around.*) But God can  
see Elijah. God takes  
good care of  
His friend.  
(*Clap.*)



Shh! *(Finger to lips. Whisper.)*  
Listen, listen. What  
does Elijah hear?

Elijah hears the  
water. *(Point to the  
water.)* Elijah hears  
wind in the trees.

And God hears  
Elijah pray. *(Clasp  
hands in prayer.)* Rest,  
Elijah, rest. Rest by  
the water.















Drinking, drinking. (*Pretend to drink.*) Elijah has lots of water. But where is Elijah's food? (*Point to Elijah and the bare rocks around him.*)

There is no food for Elijah. No bread. No rice. No potatoes.



See the big, black birds. They fly in the sky. (*Pretend to fly.*) Big, black birds bring food for Elijah. They bring bread. (*Pretend to eat.*) Yum-yum-yum! The birds brought bread for Elijah to eat. (*Clasp hands in prayer.*) “Thank You for the bread. Thank You, God, for sending the big, black birds.”















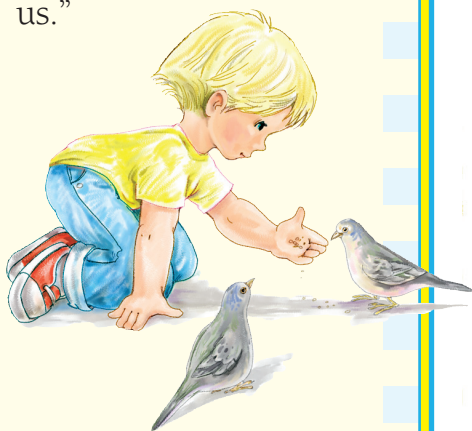
It is time to sleep.  
Elijah kneels and  
talks to God. (*Kneel  
and close eyes.*) “Thank  
You, God, for this  
safe place. Thank You  
for the water. Thank  
You for the big, black  
birds and for the  
food. Thank You for  
loving me. Amen.”  
(*Hug your child.*)



Every morning  
and every night  
big birds fly to Elijah.  
(Pretend to fly.) Big  
birds bring him bread.

For one-two-three  
years there is no rain.  
(Count on your child's  
fingers.) The trees dry  
up. (Point to a dry leaf.)  
The water dries up.  
(Try to drink from an  
empty glass.)

But God takes good  
care of Elijah. "Thank  
You, Jesus. You love  
Elijah and You love  
us."







Play a hiding game such as Elijah hiding from King Ahab. Sing a song of thanks to Jesus for taking care of your family.

Help your child say a thank-You prayer to God for your family.

Sprinkle water on your child while he or she is in the bathtub. Talk about how God sends the rain. Thank God for the rain.

# Do & Say

Study these suggestions for something to do each day. Select those that are appropriate for your child's developmental stage and repeat them often.



Look at pictures of birds in a book; find a raven. Thank Jesus for the birds we enjoy.



Take a walk and name all the things that need water to grow. Thank Jesus for good water that makes things grow.

Find a picture of an angel and talk about how angels watch over us. Tell your child about his or her guardian angel.



Look at pictures of firefighters, police officers, etc., and talk about how they keep us safe.

Drink a glass of water and talk about how good it is for your body.



Ask your child to pretend to do things such as run, sleep, eat, etc. While they do, ask, "Is God taking care of you?" Then say, "Yes, God is taking care of you."

Pretend you are birds and fly to each other with a cracker in your "beak." Thank Jesus for your food.

Visit a brook or stream and talk about how Elijah lived by a brook.



Watch it rain. Go outside afterward and notice how the water soaks into the ground. Or let your child use an umbrella and walk in the rain.

Visit an aviary, pet store, or zoo to see different kinds of birds.

Notice all the different kinds of bread at the grocery store. Let your child pick a favorite. Or let your child help you make bread.

Let your child use a doll to pretend to be a mommy or daddy. Talk about and count the ways your child can show kindness at home.