

MILK CRATE CHALLENGE



Issue

Doctors have been expressing concerns over a new dangerous type of challenge sweeping social media in USA, the milk crate challenge.

Background

Social media platforms are notorious for various new trends and challenges. The recently observed 'tide pod challenge' was also equally avoidable.

Details

- The task involves stacking milk crates in form of pyramid wall that rises like steps from bottom to top of the stack.
- The challenger will then try to climb the stacked pyramid from one side and descend from the other, with high chances of enduring a fall.
- After criticism by many doctors, TikTok removed the challenge from its app but the challenge still exists on twitter and Facebook.

The popularity

The challenge gained massive popularity from the past couple of months. People started taking up this challenge in backyards, household parties and other events.

The concerns

- The milk crates have high instability. They end up crumbling after users step on it. Most of the challenge takers experience a nasty fall.

Nature of injuries

Injuries due to the fall include shoulder dislocations, broken wrists, meniscus tear, rotor-cuff tear, ACL , spinal cord industries etc.

TikTok

TikTok is a video sharing platform. The platform has been banned in India but is still available in countries such as US, where there are high number of followers.

NOTES

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